

Prostate Cancer Services Directory

1. Prostate Cancer & Men's Health Information Services

Find out more about Prostate Cancer, screening, testing and support services from the following organizations;

Cancer Council Queensland PH: 13 11 20 (8am-8pm Monday to Friday)
Website: www.cancerqld.org.au
Telephone support and Cancer Information available.

Prostate Cancer Foundation of Australia – Queensland Chapter
Freecall: 1800 220 099 Queensland: PH: (07) 3166 2140
Website: www.prostate.org.au Email Queensland: queensland@pcfa.org.au
Telephone support and information about support groups. Extensive library and resources on topics relating to prostate cancer, incontinence and erectile dysfunction.

Prostate Cancer Institute PH: (02)9113 3903
Website: www.prostatecancer.org.au

Prostate Screen Australia PH: 1300 103 333
Website: www.prostatescreenaustralia.com Email: contact@prostatescreenaustralia.com
Suite 3.03 Mater Private Clinic, 550 Stanley St, South Brisbane

Mater Prostate Cancer Research Centre Web: www.mmri.mater.org.au

Australian Prostate Research Centre – Queensland Web: www.australianprostatecentre.org

National Continence Helpline Ph: 1800 330 066
Website: www.continence.org.au

Prostate Health Lions Australia Web: www.prostatehealth.org.au

Andrology Australia
Ph: 1300 303 878 Email: info@andrologyaustralia.org Web: www.andrologyaustralia.org
Monash Institute of Medical Research

2. Other Support Organisations

Please note some are not Prostate Cancer specific

ManUp! Tackling Prostate Cancer One Nurse at a Time

PH: (07)3273 3768 Jill Costello

Website: www.manupqld.com.au - <https://manupaustralia.org.au>

Email: info@manupqld.com.au

The Brisbane Prostate Cancer Support Network

Website: www.pcfa.org.au

Men's Shed Queensland

PH: (07)2373 3356

Website: mensshed.org

Email: turnbull@gil.com.au

Lions Australia Prostate Cancer – Australian Prostate Cancer Collaboration

Website: www.prostatehealth.org.au

Centacare

Provider of a broad range of community and pastoral services including counselling and chaplaincy services:

PH: (07) 3324 3100 Email: centacare@bne.catholic.net.au

Level 1, 229 Elizabeth St, Brisbane Qld 4000

Frontier Services

Provides health, community and children's services. Remote Family Care Service provides short term in-home childcare for families who do not have access to mainstream childcare services

PH: 1300 787 247 Email: enquiries@frontierservices.org

Kids Help Line PH: 1800 551 800

Confidential telephone counselling for 5-25 year olds

Lifeline PH: 13 11 14

24 hour crisis counselling telephone line

Look Good Feel Better

National Ph: 1800 650 960

Web: www.lqfb.org.au

Beyondblue PH: 1300 224 636

Web: www.beyondblue.org.au

Suggested Readings;

Cancer Council Queensland has a variety of material including; “Coping with a diagnosis of prostate cancer” and “Sex after treatment for prostate cancer”
Website: cancerqld.org.au PH: 1300 65 65 85 or PH: 13 11 20

Queensland Prostate Cancer Foundation of Australia has a variety of resources available including DVD’s, books and newsletters. Material includes: “Prostate Cancer Treatments – So how do you choose?”, “Erectile Restoration and Incontinence Management”, “A guide for men and their partners living with prostate cancer”, “Localised Prostate Cancer”, “Prostate Enlargement”, “Advanced Prostate Cancer”
Website: www.prostate.org.au PH: 1800 220 099

Professor Suzanne Chambers – Griffith University “Facing the Tiger” – Cancer Council Qld

Please discuss with your doctor any concerns you may have regarding your treatment and health. Information on prostate disease is constantly being updated and your GP or specialist may provide new or different information which is most appropriate to your situation.

How is BPCAQ helping?

In February 2012 the board members of Breast Cancer Association of Queensland Inc successfully completed the process of expanding the Constitution and Model Rules to permit the association to provide assistance for sufferers of Prostate Cancer as well as Breast Cancer. To reflect this change the association is now known as “Breast and Prostate Cancer Association of Queensland Inc.

Our focus is primarily on cancer sufferers in rural and regional Queensland and the Board members are confident that the broadened role for the association will commit us to continue our work in relation to breast cancer but also make a valuable contribution to the cause for sufferers of prostate cancer.

In our first year we have funded three nurses to undertake the Prostate Cancer scholarships; Joshua Samuel in Winton, Judy Cornick in Rockhampton and Lisa Peberdy in Brisbane. We have funded two nurses to attend a conference in Brisbane plus have provided a number of patient assistance grants.

We are receiving applications from rural nurses to undertake the post-graduate scholarships for 2013 plus will be reviewing research projects for funding in the future.

We are grateful to the nine subcommittees for their support. The subcommittee provide valuable community awareness and fundraising initiatives. ***We currently have subcommittees in Barcaldine, Blackbutt, Charleville, Chinchilla, Goondiwindi, Emerald, Mitchell, St George and Toowoomba.*** Please contact our office if you would like to find out more.

3. Prostate Cancer Care Nurses in Queensland

Brisbane

Mater Hospital
Urology Department

Ph: 3163 8111

Central West Queensland - Longreach

Contact: Anouk Jaaniste
Cancer Care Coordinator CNC
Primary Health Care Team – Community Health
Central West Hospital and Health Service
p 07 4652 5500 m 0457 872 446
a 109 Eagle St, Longreach, QLD, 4730
w [Central West Health](#) e anouk.jaaniste@health.qld.gov.au

Emerald

Contact: Joann Oughton
Emerald Hospital
Prostate Cancer Care Nurse: **Fridays**
Central Queensland Hospital and Health Service
Community Health Level 1, 69 Hospital Road
PO Box 879 Emerald QLD 4720
Ph: 07 4983 9701 Email. Joann.oughton@health.qld.gov.au

Goondiwindi

Goondiwindi Hospital
Bowen Street, Goondiwindi Qld 4390
Contact: Antonia Jakins
Ph: 0400 198 937 Email: antonia.jakins@health.qld.gov.au

Rockhampton

Contact: Judy Cornick
Clinical Nurse Consultant, Prostate Cancer Specialist Nurse
Rockhampton Hospital
Medical Services Bldg, PO Box 871 Rockhampton QLD 4700
Ph: 07 4920 5825 Mobile: 0409 043 904 Email. judy.cornick@health.qld.gov.au

Toowoomba

St Andrews Hospital
20 North Street Toowoomba PO Box 263 Toowoomba QLD 4350
Contact: Jo Hiscock
Ph: 07 4646 3157 Mobile: 0428 096 867 Email :hiscockj@sath.org.au
www.sath.org.au

Townsville

Townsville Hospital
Cancer Care Centre

PH: 4433 1111

Prostate Cancer Care nurses are also available at the following hospitals:

Cairns Hospital
Greenslopes Private Hospital – Brisbane
Royal Brisbane Hospital
Mater Hospital – Brisbane
Princess Alexandra Hospital – Brisbane
Sunshine Coast University Hospital
Toowoomba Hospital
Bundaberg & Hervey Bay Cancer Centre
Mackay Cancer Centre & Base Hospital
Redcliffe Metro Hospital

BPCAQ has provided scholarships to the following nurses who have completed a unit in Prostate Cancer Care via La Trobe University; Judy Cornick (Rockhampton), Penny Allpass (Blackall), Lisa Peberdy (Brisbane).

Please contact your local hospital for the community cancer support nurse in your district.

Please see your doctor for more information about screening and other support and services available in your area.

4. Support Groups

The Queensland Chapter of the Prostate Cancer Foundation of Australia kindly supplied the following support group contact details. Please contact the Prostate Cancer Foundation for current support group information;

QUEENSLAND CHAPTER of PROSTATE CANCER FOUNDATION OF AUSTRALIA

PH: 1800 220 099 Website: www.prostate.org.au Email: queensland@pcfa.org.au

(Supported by the Cancer Council Queensland PH: 13 11 20)

Please note that the support contacts listed are not psychologist or therapists and may be providing peer and social group support only. Please contact Prostate Cancer Foundation of Australia or Cancer Council Queensland for current details of their accredited support groups. All questions regarding your health and well-being should be directed to your medical health professionals who are qualified to give you the best advice and/or refer you to a trained counsellor.

PCFA Affiliated Support Group Contacts

Advanced Prostate Cancer Support Group

Meet 9:30am on Fridays

PH: 3878 4567 Contact: Jim Marshall Email: pc@themarshalls.id.au

PH: 4637 4018 Contact: Neville Black Email: surferscentury@hotmail.com

Biloela Prostate Cancer Support Group

PH: 0409 235 891 Contact: Trevor Douglas Email: biloelapcsg@yahoo.com.au

PH: 0407 323 868 Contact: Rob Badman

Brisbane Prostate Cancer Support Network "ProstHelp"

Meets every 2nd Wed – 9:30am odd months and 7pm even months

PH: 3831 4371 Contact: Ian Smith Email: gims@optusnet.com.au

PH: 3371 9155 Contact: Peter Dornan Email: prdornan@bigpond.com

Brisbane Partners Support Group

Meets at 6pm on the 4th Wednesday of each month

PH: 3878 4567 Contact: Wendy Marshall Email: Wendy@themarshalls.id.au

Bundaberg and District Prostate Cancer Support Group

Meets 9am on the 4th Thursday of each month

PH: 4159 9419 Contact: Rob McCulloch Email: ra.mcculloch@bigpond.com

PH: 4155 1767 Contact: Alan Vinegrad Email: a.m.vinegrad@bigpond.com

Capricorn Coast Branch (Yeppoon)

Meets 7pm last Monday of each month

PH: 4933 6466 Contact: Jack & Kay Allachy Email: jakaydallachy@bigpond.com

Central Gold Coast/ Prostate Cancer Support Group

Meets 6pm on the 3rd Wednesday of each month

PH: 5570 1903 or 0412 594 702 Contact: Peter Jamieson Email: peterjam@me.com

PH: 0407 094 818 Contact: Bruce Chambers

Central Queensland/ Prostate Support and Awareness Group

Meets at 7:30pm on the 3rd Thursday of each month

PH: 4936 3434 Contact: John Milne Email: johnrita1@bigpond.com

PH: 4928 6655 Contact: Llyod Younger Email: rockyyoungers@hotmail.com

PH: 4926 3301 Contact: Graeme Dougan Email: lorgad1@bigpond.com

Far North Queensland/ Prostate Cancer Support Group (Cairns)

Meets 12 noon on 3rd Wednesday of even months

PH: 4052 0891 or 0408 489 291 Contact: Col Johnson Email: Kaleidoscope89.1@gmail.com

PH: 4036 0335 or 0408 409 015 Contact: Jim Hope Email: jimhope@bigpond.com.au

Far North Queensland/ Partners Support Group

Meets 10am on the 4th Wednesday each month

PH: 4045 1031 or 0407 973 289 Contact: Margaret Rolfe Email: margaretrolfe@iprimus.com.au

Gay/Bi Prostate Cancer Support Group

Meets 10am-1pm on the 1st Saturday of each month

PH: 0411 081 653 Contact: David Wells Email: holisticsexualtherapy@hotmail.com

PH: 5533 3702 or 0418 182 995 Contact: Tony Groom Email: abbalean@gmail.com

Gladstone & District Prostate Cancer Support Group

Meets 7pm 2nd Thursday each month

PH: 4979 2725 or 0429 089 581 Contact: Geoff Lester Email: g.lester1@bigpond.com

PH: 4978 3043 Contact: Arthur Kelly Email: akelqgm@westnet.com.au

Glasshouse Country Prostate Cancer Support Group

Meets 5:30pm 2nd Wednesday of each month

PH: 5496 9601 or 0427 606 240 Contact: Bob McLean Email: Bob.mcl@bigpond.net.au

PH: 5439 0263 or 0412 644 848 Contact: John Ledger Email: jsledger2@bigpond.com

Gold Coast Prostate Cancer Partners Support Group

Meets 10am 3rd Friday of each month

PH: 5577 5507 Contact: Maggie Angus Email: goodworthideas@bigpond.com

Gold Coast North Prostate Cancer Support & Awareness Group (Nerang Daytime Group)

Meets 10am 2nd Thursday of each month

PH: 5594 7317 or 0412 717 710 Contact: John Caldwell Email: johncald@bigpond.net.au

PH: 5522 6482 Contact: Daryl Hyland Email: judryl@optusnet.com.au

Gympie & District Prostate Cancer Support Group

Meets 2pm last Thursday of each month

PH: 5482 4659 or 0417 079 822 Contact: Robert Griffin Email: Robertgriffin64@gmail.com

PH: 5484 5229 Contact: Susan Young

PH: 5483 6493 Contact: Steen Steenstrup

Hervey Bay Prostate Support Group

Meets 2nd Tuesday each month

PH: 0407 157 590 or 0422 085 565 Contact: Ros Male Email: r.male@bluecare.org.au

PH: 4128 3328 Contact: Brian Henderson Email: hbprostatesupport@hotmail.com

Innisfail Prostate Cancer Support Group

Meets 10am 3rd Tuesday every 2nd month

PH: 4065 5070 Contact: Peter Coxen Email: taville@bigpond.com

Ipswich Prostate Cancer Support Group

Meets 7:30pm 3rd Thursday of each month

PH: 3281 2894 Contact: Terry Carter Email: terry@gil.com.au

PH: 3201 4521 Contact: Jeff Dowling Email: dowlingfour@bigpond.com

PH: 3281 3656 Contact: Len Lamprecht Email: vlamprecht@internode.on.net

Mackay & District Prostate Cancer Support Group

Meets 2nd Thursday on even months

PH: 4942 0132 Contact: John Clinton Email: emcare@mackay.net.au

PH: 0407 124 504 Contact: David Simmons Email: davidsimmons58@hotmail.com

Maryborough Prostate Cancer Support Group

Meets 6pm on the 1st Monday each month

PH: 4123 1190 Contact: Leoll Barron Email: leollandleonie@internode.on.net

PH: 4121 3529 Contact: Bevan Brett Email: malda.brett@bigpond.com

North Burnett Prostate Cancer Support Group

Meets 7pm 1st Thursday every second month

PH: 4161 1306 or 0428 416 113 Contact: Russell Tyler Email: russelltyler@bigpond.com

PH: 4161 2609 Contact: Richie & Sue Walters Email: suematlurichw@bigpond.com

Northern Rivers Evening Prostate Cancer Support Group

Meets 7pm 1st Wednesday each month

PH: 0412 661 924 Contact: Craig Thurgate Email: cthurgate@optusnet.com.au

PH: 02 6621 2053 Contact: Ray Chilton Email: rjchilton@optusnet.com.au

Northern Rivers Prostate Support Group (Day)

Meets 10am 3rd Monday of each month

PH: 02 6622 1545 Contact: Pat Coughlan Email: patcog@iinet.net.au

PH: 02 6687 0008 or 0401 145 078 Contact: David Hughes

Email: David.Hughes@ncahs.health.nsw.gov.au

Northern Tablelands Prostate Cancer Support Group

Meets – as required

PH: 4096 6315 Contact: Peter Martin Email: drqigi@westnet.com.au

PH: 0419 656 473 Contact: Gail Martin

North West Qld Prostate Cancer Support Group

Meets 7pm 1st Wednesday each month

PH: 4743 2054 or 0427 054 815 Contact: Yvonne McCoy Email: nwqpcsg1@bigpond.com

PH: 0409 967 706 Contact: Tony McGrady Email: tonymcgrady@bigpond.com

Prostate Twin Towns – Web site: www.prostateawarenessaustralia.com

Meets 3rd Friday each month

PH: 5599 7576 Contact: Ross Davis Email: rossco12@bigpond.com

PH: 5525 0900 Contact: Glenn Jones Email: admin@coastline-electrical.com.au

Redcliffe Prostate Cancer Support Group

Meets 6:30pm 2nd Tuesday of each month

PH: 3480 5904 or 0404 495 898 Contact: Fred Travis Email: bizfit-98@bigpond.com

Sunshine Coast Prostate Cancer Support Group

Meets 9:30am last Tuesday of each month

PH: 5446 1318 Contact: Rob Tonge Email: scprostate@gmail.com

PH: 5444 1765 Contact: Alan Keetley Email: scprostate@gmail.com

Toowoomba Prostate Cancer Support Group

Meets 6pm 3rd Tuesday each month

PH: 0405 311 780 Contact: Mark Forbes Email: toowoombabuilder@yahoo.com.au

PH: 4613 6974 or 0407 927 060 Contact: David Abrahams Email: tmbaprostate@gmail.com

Prostate Cancer Support Group of North Queensland (Townsville)

Meets 3rd Tuesday each month

PH: 4773 3303 Contact: Clarke Berglin Email: cberglin@bigpond.net.au

PH: 4778 1137 Contact: Merv Albion Email: shar-merv1@bigpond.com