



IA13326

# Breast and Prostate Cancer

Association of Qld Inc.

Supporting Rural and Regional Queensland



Spring  
2023

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Dr Marie Burke OAM (Vice-Patron)

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**Blackbutt:** Seeking Volunteers

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**Emerald:** Tiffany Pulford

**Fraser Coast:** Penny Kilner

**Goondiwindi:** Gloria Cory

**Mackay:** Seeking Volunteers

**Miles:** Ann Gibbons

**Mitchell:** Jenny Hockey

**Rockhampton:**

Helen Gudmann

**St George:** Amelia Sevil

& Emily Martin

**Toowoomba:** Jayne Gentry

**Fundraising Committee:**

- Dinie McConnel

- Emma Crosby

- Lizzie Chandler

## Office

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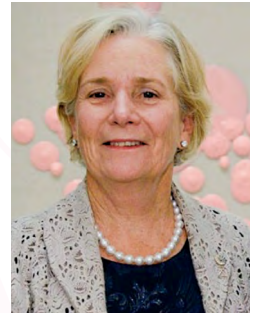
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## PRESIDENT'S REPORT

### Welcome to the Spring Newsletter for 2023

*This year we reached **30 years** as an Association, and we have had a book of the history printed to celebrate. We have many copies and look forward to distributing them over the coming months. We hope you will enjoy the history and reading the stories of the many people we have helped, and of the many volunteers and donors that have helped us.*



Gina Fairfax AC

*In July we had a very successful & popular Fund-Raising Cocktail Party at Tattersalls' Club in Brisbane, which was organized by Board Member Dinie McConnel, with the strong support of Emma Crosby and Lizzie Chandler. I want to thank and congratulate them most sincerely as we raised \$44,276 in the evening. Part of the funds will be used to fund breast cancer research through QUT. The funds will also help with the financial assistance packages and funding for rural nurses to upgrade skills, plus we hope to deliver the important rural seminars once again.*

*Emerald, our first subcommittee, is celebrating 20 years and I'd like to congratulate and thank them for all their hard work they do to support their rural community and patients. They are very active and successful. I would like to recognize all our subcommittees for the work they do in their community. They are the strength of our organisation, as they represent the many areas we deliver to.*

*On 24 – 27 October, a Queensland Breast Cancer Nursing Practicum funded by the BPCAQ for 6 rural nurses, was held through the QCC. It was supported by Qld Cancer Council, ICON, Metro North & Metro South. This was efficiently organized by Board Member Dr Pammie Ellem and held at the Qld Cancer Council at Bowen Hills.*

*It was a 4 day Practicum which covered many learnings, visits and presentations to give the nurses up to date information on breast cancer. I thank Pammie for this great initiative as it was a very valuable experience for the rural nurses, and maybe an inaugural annual practicum to be held! Our funded breast/prostate nurse at Goondiwindi, Genieve Behrend, was a participant.*

*I am pleased to report that the BPCAQ has generated a surplus for the year ended 30 June 2023. Our financial position is well-positioned for us to continue our services to regional and rural Queensland communities needing support for breast or prostate cancer. We could not provide these services without the hard work and dedication of our members, donors, supporters, volunteers and in particular the sub committees, all 14 of them. The Brisbane office is kept busy. I would like to thank the BPCAQ Board members, Michael, Rebecca, Pammie, Jill, Chris, Dinie and Greg for their work and support. We could not do this without our very efficient office administrator, Jacqui, who runs the office with a genuine interest, professionally, and has a happy disposition for all who come in contact.*

**Enjoy being informed of our latest news.**

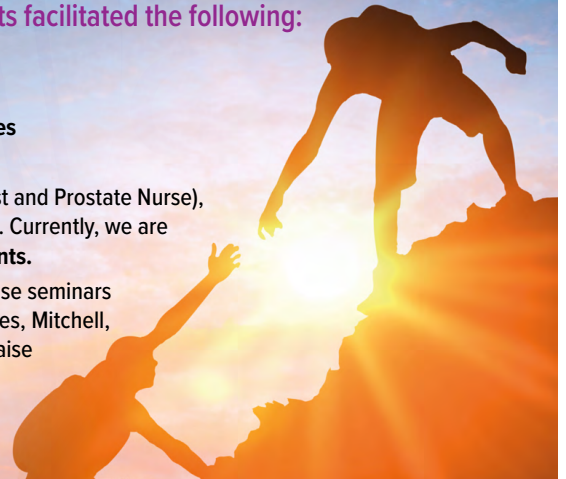
*Gina Fairfax*





Since our inception **30 years ago** we have through our fundraising efforts facilitated the following:

- Patient grants more than **\$740k** to hundreds of patients.
- Held annual Community seminars in 23 towns across Queensland
- Scholarships and training in the order of **\$218,312** to **61 breast and prostate cancer nurses**
- Research funding in the amount of over **\$200,000**
- Funding of breast and prostate cancer nurses in Barcaldine (Breast Nurse), Emerald (Breast and Prostate Nurse), Fraser Coast (Breast and Prostate Nurse), St George, Charleville, Roma, and Rockhampton. Currently, we are funding a nurse for Goondiwindi. **We have invested over \$888,435.00 in nurse placements.**
- Through the holding of the annual seminars we have been able to build off the back of those seminars support groups in Central West, Blackbutt, Chinchilla, Emerald, Fraser Coast/Wide Bay, Miles, Mitchell, Rockhampton, St George, and Toowoomba. These committees themselves then go on to raise funds to support their own communities. At the present time, we are looking to set up a Mackay-based committee so that we can provide grants to breast and prostate cancer patients in the Mackay and Bowen Basin region.



## CONNECTING NURSES NEWS

### Dr Pammie Ellem

Following the completion of my thesis 'Professional Challenges and support mechanisms for Specialist Breast Care Nurses in regional, rural and remote Queensland', I have been determined to continue to support this cohort of colleagues when possible.

In consultation with colleagues, I recognised a need for a Queensland Breast Cancer Nursing Practicum to support the emerging Specialist Breast Cancer Care Nurses working in isolation. As a Specialist Breast Cancer Nurse "by trade" with extensive experience in regional rural and remote Qld, I was able to garner generous support from many experienced colleagues in the field and develop a comprehensive programme enabling the participants to gain knowledge and network enhancing their confidence. The ultimate outcome is confident competent SBCNs providing improved care to regional, rural, and remote patients and their families experiencing Breast Cancer. This week six nurses from regional, rural, and remote Queensland completed the inaugural practicum. I am very grateful for the generous support provided by many to make this initiative successful.

This was a thankyou response from one of our nurses after completion of the course...

*"I will always remember what an example and inspiration you are as a person and a nurse professional. I will also never forget the power of building networks to facilitate better care to all patients no matter where they find themselves. Thankyou", Ada Aravena.*



### Lani Hume

For me, the Practicum cemented the role of the Specialist Breast Care Nurse. It provided an opportunity to understand the treatment options available and visit these treatment and support facilities, in doing so, seeing, and experiencing what our patients face in their treatment journey, offering exposure and a more personal insight into these processes.



Catch up with Nurses and Board Members





# SUBCOMMITTEE NEWS

## BRISBANE HEAD OFFICE

In July we had a very successful & popular Fund-Raising Cocktail Party at Tattersalls' Club in Brisbane, which was organized by Board Member Dinie McConnel, with the strong support of Emma Crosby and Lizzie Chandler. We want to thank and congratulate them most sincerely as we raised \$44,276 in the evening.



## EMERALD DISTRICT

### *Celebrating 20 Years of Dedication: A Successful 20th Annual Fundraising Dinner.*

In a remarkable milestone, the Emerald committee recently celebrated its 20th year of unwavering commitment. The crowning jewel of this journey was undoubtedly the 20th Annual Fundraising Gala Ball, an event that surpassed all expectations.



*20th Annual Fundraising Dinner*

The gala welcomed nearly 300 guests to the Emerald Town Hall who came together to support a noble cause. The evening was a resounding success, not only in marking two decades of tireless dedication but also in terms of fundraising. Thanks to the incredible generosity of our supporters and attendees, we were able to surpass our previous fundraising records.



*Emerald Committee Members 2023*

We extend our heartfelt gratitude to our sponsors, whose unwavering support has been instrumental in our journey. Additionally, we would like to thank those who generously donated to our auction, as their contributions added to the evening's excitement and success.

The evening could not have been possible without the support of many individuals and local groups who supported us including – Emerald Rams Rugby Union, Emerald Girl Guides, Emerald Freemason's, and Emerald BMX.

In the spirit of community engagement, we have also been involved in two other remarkable events this year. The Emerald Ram's Rugby Union Ladies Day has been supporting our committee for many years now and once again they had a fantastic afternoon donating \$6296 to our committee for 2023.



The Central Highland Regional Council also recently held a Women's Health Evening bringing our community closer, raising both funds and awareness for our cause. Emerald Nurse Carolanne Boland was a guest speaker at the event highlighting the importance of self-examination.

We are immensely grateful to everyone who supports our cause. Your dedication empowers us to continue our mission of combatting breast and prostate cancer in Queensland. Here's to another year of making a meaningful impact together. Thank you for standing by our side as we strive to make a difference in the lives of those affected by these diseases

## FRASER COAST

The 2023 Ladies' Afternoon Tea was the first community event held in our new Performance Centre, and it was an absolute blessing to see the space filled with so much laughter and colour with over 450 attendees. As in previous years, the afternoon showcased some incredible talent from each table host, who added to the beauty in the room with their colourful and creative tablescapes. Other highlights included raffles, a fashion parade with staff and students gracing the runway, and a photo booth where guests had the opportunity to capture the fun of the day.



Our guest speaker for the day was local author and activist Trish Wyatt, who shared her personal story as a victim of assault. While Trish's story was indeed heartbreaking, she spoke of the importance of 'sisterhood' and the power of community.



Above everything, the event was a wonderful display of connection and community - a day of fundraising and friend-raising. An amazing \$16,000.00 was raised on the day and donated to BPCAQ!

A very successful Father's Day raffle was held recently with the 12 prizes being spread from Hervey Bay to Bauple and lots of places in between. People have already started to donate prizes for our Mother's Day raffle next year for which we are very grateful.

Many thanks to everyone for their help over the year and we are looking forward to our Christmas get together and seeing what Secret Santa brings.



## ROCKHAMPTON

Lenore Luckel organised a High Tea at the Gracemere RSL in October. A very successful day was had by all that attended. They held a fashion parade and guest speakers, entertainment, raffles and lucky door prize.

Rockhampton Hospital Specialist Outpatients Department staff have been promoting breast cancer awareness during the month of October. They held a breast-cancer fundraising morning tea with proceeds being donated to BPCAQ!



## Thank you for your support

Tim Coupe, AB Power, ABC Staff Giving, ABM Contractors, Ada Aravena, Nick & Laraine Aniftos, Anna Shand, Patricia Bellamy, Deane Beverley, Catherine Hughes, Clermont Coal Operations Pty Ltd, Coolum Classics Inc, CQ Concreting, Daniel Bousamra, David Knowles, Deborah Butler, Denise Schellbach, Dion Ross, Elizabeth Ann Leggo, Pammie Ellem, Emerald Rodeo, Emerald Veterinary Group, Eric Denham, Gina Fairfax AC, Goondiwindi Marjong Group, Goondiwindi Masonic Lodge, Helen Harris, Herron Todd White, Highlands Remedial, Annie Hill, Jacqui Lowrie, James Hopper, Jan Bray, Jason Ross Earthmoving, Jodie Dawson, John Clark, Judy Hicks, Julie Smith, Kathy Anning, Katrina Doyle, Kestrel Coal Resources, Lachlan Miller, Lenore Luckel, LJ Hooker, Lois Shinnars, Mater Hospital Rockhampton, Patricia Meagher, MHP Chartered Accountants, Morgans Foundation, Mortgage Choice, Justice Debra Mullins, My Business Insurance, Narelle Perrett, Pamela Robson, Tracey Plumridge, Popfetti Co, Glenda Powell AM, Qube Ports, RDO Equipment, Rebecca Connolly, Reverend Clive Cooper, Rob McConnel, Rockhampton Hospital, Rosemary Locke, Roslyn Woo, Sally White, Kimberlee Saunders, Schwarz Farming, St George Golf Club, St Luke's Anglican School, Maureen Stevenson, Tattersalls Club, The Blackall Magpies, Tiaro Craft Cottage Hervey Bay, Tim Fairfax Family Foundation, Sydney Williams KC.

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## Are you aware that our Charity has a 'Cash for Cans account'?

If anyone would like to donate their proceeds from this to our Charity you can provide our scheme ID which is C10011182 when recycling your cans.

Alternatively, you can print the Woolworths voucher, cash it in and email:

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## About the Breast and Prostate Cancer Association of Queensland Inc.



In 1993 the Breast Cancer Association of Queensland Inc. was established with the purpose of using funds raised to benefit Research, Treatment, Prevention, Community Education and provide support for those with breast cancer and their families.

In February 2012 BCAQ received permission from the Department of Fair Trading to change our name and model rules to incorporate services for Prostate Cancer. Our Association is now called "Breast and Prostate Cancer Association of Queensland Inc".

A large membership in Queensland will increase the influence it has on governments and sponsors to assist in the search for better diagnosis, treatments and hopefully, eventual prevention.

**Become a member now!**

### DONATION AND MEMBERSHIP APPLICATION

Title: Name: Surname:

Address:

Suburb: Postcode:

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Email:

Method of Payment: ☐ Cheque ☐ Mastercard ☐ Visa card

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Card number				Expiry Date		CVV

OR:- By Bank Transfer  
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BSB: 014-002 Acc: 254552024 (Please reference your Name and/or Company)

Donations can also be made via our website: [www.bcaq.com](http://www.bcaq.com)

**Please enrol me as a Member of the BPCAQ. I enclose:**

☐ Membership Subscription Fee (2023-2024)  
Due from 1st July 2023. \$ 15.00

☐ I would like to make a donation:  
(Donations over \$2.00 are tax deductible) \$ \_\_\_\_\_

**TOTAL \$ \_\_\_\_\_**

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